

Welcome to Your Therapy Journey

On behalf of Youable Emotional Health, we welcome you. We are honored that you have chosen to embark on this journey with us, and we are committed to providing you with a safe and supportive space for your healing and growth.

Your Consent Forms: A Key to Your Well-being

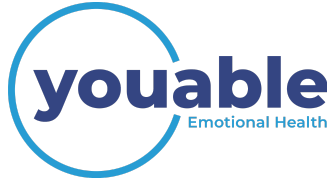
As an integral part of our therapeutic process, we have prepared this packet of forms for you. While it may seem like just another set of paperwork, these forms play an important role in protecting your rights and privacy throughout your therapy journey. They also help us establish a collaborative, open, and honest therapeutic relationship by helping us navigate your therapy goals while respecting your preferences, personal values, and autonomy.

Next Steps and Contact Information

Upon receiving your forms, we will review and discuss them together during our initial session. If you need any assistance or have questions before your session, please feel free to contact us.

You can contact us via phone at 763-746-2411 or email at intake@youable.health. We strive to respond promptly to all inquiries and aim to provide you with the necessary support.

Thank you once again for choosing us as your therapeutic partner. We are excited to accompany you on this path of self-discovery, growth, and healing.



The Start of Your Emotional Health Journey

On behalf of Youable Emotional Health, we welcome you. We are honored that you have chosen to take this important step toward prioritizing your emotional well-being and personal growth.

Thank you for considering Youable Emotional Health as part of your emotional wellness journey. We are excited to review your application and learn how we can support your growth. Together, we can embrace a brighter future filled with self-reliance, resilience, and a deep understanding of our own emotional health.

We understand that seeking help is not just about addressing mental health issues but also nurturing your overall emotional well-being. We are here to provide an understanding space where you can explore your emotions, gain valuable insights, and develop the skills needed to navigate life's challenges.

Start with eligibility

This application packet is the first opportunity for us to get to know you better. We want to understand your unique circumstances, your aspirations, and the areas of your life where you are seeking support. We believe in the power of collaboration and sharing your experiences, hopes, and goals.

Our application process is designed to help us learn more about your needs and determine if and how our program can support you in achieving them. We will ask you to complete an eligibility screening at the start of the application process. If you find that you are not a match for our program, please don't be discouraged; we will provide you with other resources that may be better suited to meet your needs.

Next Steps and Contact Information

Upon completing the eligibility screening, you will either be provided resources that would be better for your needs or be able to continue with the application for our Day Treatment program. Once completed, your application will be automatically sent to our intake team and will be reviewed. Within two business days, a team member from Day Treatment will reach out with the next steps, including a request for an up-to-date Diagnostic Assessment and Release of Information.

If you need any assistance or have questions, please feel free to reach out to us. You can contact us via phone at (952) 426-6600 or email [<Mailbox-Youable.AcademyFD@youable.health>](mailto:Mailbox-Youable.AcademyFD@youable.health). We strive to respond promptly to all inquiries and aim to provide you with the necessary support.

Thank you for considering our program.

Eligible

Thank you for your interest in Youable Emotional Health's Day Treatment program. Based on the information you provided, we can confirm that you are eligible to apply for our program! Please continue with the application. Upon its completion, you will hear from our team within two business days requesting an up-to-date Diagnostic Assessment (DA). Upon receipt of the DA, your application will be processed and reviewed. If you do not have an updated DA, we will set you up with an appointment here at Youable to get an assessment done with one of our team members. If you are admitted to the program, our team will reach out with the next steps.

If you need any assistance or have questions, please feel free to reach out to us. You can contact us via phone at (952) 426-6600 or email Mailbox-Youable.AcademyFD@youable.health. We strive to respond promptly to all inquiries and aim to provide you with the necessary support.

Ineligibility

General option:

- 'Thank you for expressing interest in Youable Emotional Health's Day Treatment program. Our program is designed to cater to individuals meeting certain criteria. Unfortunately, we cannot accommodate individuals outside of those factors. Based on those determining factors, your adolescent/child is not eligible to participate in our Day Treatment program at this time. We are here to support you in any way we can and are more than happy to provide you with information and resources that could assist. Our team is dedicated to empowering individuals as they navigate their emotional well-being journey and discover solutions that work best for them. ***If you have any questions about your eligibility, please don't hesitate to contact our Day Treatment team at 952-426-6600 or email Mailbox-Youable.AcademyFD@youable.health***

Specific options:

- Age
 - Thank you for considering Youable Emotional Health's Day Treatment program as a potential avenue for improving your emotional well-being. Based on your responses, we regret to inform you that you are not eligible to participate in our Day Treatment program at this time. The program is specifically designed to serve individuals within a certain age range, and we unfortunately cannot accommodate individuals outside of that range. ***While our program may not be the best fit for you at this time, we want to encourage you to explore other opportunities for children under the age of 12. We would recommend reaching out to Canvas Health, Washburn Center for Children, St. David's Center for Child and Family Development, Northeast Youth and Family Services (NETS), or Catholic Charities or visiting <https://cmhresources.weebly.com/additional-resource-directories.html> for more resources.***

- *Education setting*
 - Thank you for considering Youable Emotional Health's Day Treatment program as a potential opportunity for growth and emotional healing. We regret to inform you that our Day Treatment program is currently tailored for individuals with an education setting at or below level 3. While our Day Treatment program may not be the best fit for you at this time, we want to encourage you to explore other opportunities and to reach out to your student's school care team for guidance on a school setting that provides them with appropriate IEP requirements and supports.

 - *Primary diagnosis*
 - Thank you for considering Youable Emotional Health's Day Treatment program to support your emotional well-being. We regret to inform you that, based on your primary diagnosis, you would not be a fit for this particular program. While our program may not be the best fit for you at this time, we want to encourage you to explore other opportunities for individuals with a primary diagnosis of ASD we recommend reaching out to Fraser, the Minnesota Autism Center, or the Autism Society of Minnesota. For individuals with a primary diagnosis of an Eating Disorder, consider looking to the Melrose Center, The Emily Program, or Rogers Behavioral Health for support. For individuals primarily dealing with chemical dependency, we would advise connecting with Rogers Behavioral Health, Hazelden Betty Ford, or the Minnesota Adult and Teen Challenge.
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Message Title: Youable Intake Appointment Reminder

Text Body: Hi [first_name], this is a reminder from [facility_custo_msg_1] about your appointment on [date] at [time] with [provider]. Please reply Y to confirm or follow this link to cancel [vi_cancel_link]. Please complete the registration and consents prior to your appointment via our website at <https://www.youable.health/new-clients/>. Please bring your insurance card and photo ID with you to your appointment. If you cannot complete these forms before your appointment, please plan on arriving 15 minutes early to complete the paperwork. Reply STOP to opt out of msgs.

Confirmation Response While Office is Open: Thank you! Please bring your insurance card and Photo ID to your appointment. We will see you soon.

Confirmation Response While Office is Closed: Thank you! Please bring your insurance card and Photo ID to your appointment. We will see you soon.

Decline Response While Office is Open: Please call [facility_phone_formatted] to reschedule your appointment.

Decline Response While Office is Closed: Please call [facility_phone_formatted] during business hours to reschedule your appointment.

Connect Response While Office is Open: You will receive a call shortly. If we do not reach you, please call us at [facility_phone_formatted].

Connect Response While Office is Closed: Our office is currently closed. Please call us during normal business hours at [facility_phone_formatted].

Response When Message is Expired: Your response arrived after this message expired. Please call us at [facility_phone_formatted].

Stop Responses: Thank you for your response. You will no longer receive text messages from Youable Emotional Health.

Undefined Responses: We're sorry we could not process your response. Please reply Y to confirm your appointment or click [vi_cancel_link] to cancel.